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Cured patients in Huanggang told us: Don't panic, novel pneumonia infection can be cured

On January 26, the good news came from Huanggang Central Hospital. Two patients with new pneumonia were discharged from the hospital for recuperation. They both hope to tell the same patients with their own experience: firm confidence that new pneumonia is not invincible.

Dong Chunfeng: I believe that medical staff will definitely overcome the disease

From being hospitalized for new pneumonia on January 10 to being cured and discharged on January 23, Dong Chunfeng, 28, has experienced an unforgettable experience ranging from restlessness, calm acceptance, and confident recovery.

Ms Dong Chunfeng is a nurse in the Second Department of Neurology, Huanggang Central Hospital. According to her recall, she developed fever and cough on January 7. "I didn't pay attention to it at that time, and I was treating the common cold." Dong Chunfeng said On January 10, she developed symptoms of chest tightness, dyspnea and other symptoms, which caused her to attach importance to immediate hospitalization. She was isolated and treated after being diagnosed with new pneumonia. Fortunately, her family was not infected.

On the 12th, she began to have a high fever. Her temperature reached 39 degrees, and she had difficulty breathing, chest tightness, and wheezing. She could only rest in bed when she was most severe, and could not take care of herself. The expert team of the Central Hospital and her attending physician Zhan Zan actively adjusted the treatment plan and medication. After three or four days, she had a fever, and her breathing began to flow smoothly, and she could slowly get out of bed and move around. On January 22, after a review of CT and venous blood in the lungs, the doctor announced that he was cured and could be discharged from the hospital for home recuperation and observation. On the 23rd, she was discharged from the hospital and returned to her hometown of Macheng. Currently, she lives in a room by herself. Although it has to be isolated for two weeks to observe, the big rock in her family's heart has been put down.

"I feel better and better, and I hope to tell everyone through my experience, don't panic, this disease can be cured." On the phone, Dong Chunfeng's voice was full of vitality.

Jia Xiaohong: Maintaining a good attitude will definitely restore health

Like Dong Chunfeng, 51-year-old Jia Xiaohong was discharged for isolation and observation. Jia Xiaohong was admitted to the hospital on the evening of the 11th. After being hospitalized for 3 days, her condition worsened, her fever continued, and her spirit was extremely poor. After adjusting the treatment, fever was started. But three or four days later, the condition began to repeat, and the expert team at the central hospital adjusted the treatment plan again. After two or three days, Jia Xiaohong's condition improved.

On January 22, after the doctor's inspection, all indicators have improved. Just quarantine for two weeks and check again twice. If there is no repetition, the recovery can be confirmed.

Currently, she has returned home to reunite with her son. In public areas of the house, she still wears a mask and gloves to pay attention to the ventilation in the house.

Jia Xiaohong said that in the hospital, patients and family members are often emotional, and when the condition is repeated, they even feel panic. In fact, the peace of mind is more conducive to the improvement of the condition. When Jia Xiaohong's condition was repeated, she actively cooperated with the doctor's treatment and her condition was controlled. She said that every patient will be treated with care by medical staff, and as a patient, trust the doctor.

"I feel better every day," Jia Xiaohong said.

黄冈治愈患者告诉我们： 不要恐慌，新型肺炎可以治愈

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1月26日，从黄冈市中心医院传来好消息，该院有两名新型肺炎患者已出院休养，他们都希望用自己的亲身经历告诉同样的病患者：坚定信心，新型肺炎并不是不可战胜的。

董春风：相信医护人员，一定能战胜疾病

从1月10日因新型肺炎住院到1月23日治愈出院，28岁的董春风经历了从不安到平静接受再到自信痊愈的难忘经历。

董春风是黄冈市中心医院神经内二科的一名护士，据她回忆，1月7日她出现了发烧、咳嗽的症状，“当时并没重视，就当普通感冒在治疗。”董春风说，1月10日她出现了胸闷呼吸困难等症状，这才引起她的重视立即住院，确诊为新型肺炎后被隔离治疗。庆幸的是，她的家人并未感染上。

12日她开始持续高烧，体温一度达到39度，且呼吸困难、胸闷、喘憋加重，最严重时只能卧床休息，生活都不能自理。市中心医院专家组会同她的主治医师詹赞积极调整治疗方案和用药方式，三四天后，她退烧了，呼吸也开始顺畅，慢慢可以下床走动。1月22日，经过复查肺部CT和静脉血，医生宣告治愈，可出院进行居家隔离休养和观察。23日，她出院回到麻城老家，目前一人居一间房，虽然还须隔离观察两周，但她家人心里的大石头已放下了。

”我感觉自己越来越好了，希望通过我的经历，告诉大家，不要恐慌，这个病是可以治愈的。”电话里，董春风的声音充满活力。

贾晓红：保持良好心态，定能恢复健康

与董春风一样出院隔离观察的还有51岁的贾晓红。贾晓红是11日晚上住进医院，住院3天后病情加重，高烧不退，精神极差。在调整治疗后，开始退烧。但三四天后，病情开始反复，市中心医院专家组再次调整治疗方案，两三天后，贾晓红的病情好转。

1月22日，经过医生检查，各项指标都已好转，只需隔离两周，再复查两次，如无反复就可以确认痊愈。

目前，她已回家与儿子团聚，在家里的公共区域，她仍会戴口罩和手套，注意家里通风。

贾晓红说，在医院里，常有患者和家属情绪激动，病情反复时，更是感觉恐慌。其实把心态放平和更有利于病情的好转。贾晓红在病情反复时，就是积极配合医生治疗，病情得到了控制。她说，每名病患都会得到医护人员尽心治疗，作为病者要相信医生。

贾晓红说：“我现在感觉一天比一天好。”